



KEEP EACH OTHER WELL

OUR ORGANIC SALAD

Lapa 'Au Farm's mesclun and Oko 'A farm's organic red & green leaf lettuces, Maui organic green papaya from Ono Farms, Oko 'A farm's organic carrots, toasted sesame seeds, local organic cucumbers and our homemade Maui pineapple vinaigrette

individual 12.50
bowl (serves 6-8 people) 54.00

No Boundaries Salad options -

(individual / bowl)

(individual / bowl)

1st veggie -	add	3.50 / 7.00	Two or more veggies - add	5.25 / 9.25
Blue or Parmesan -	add	4.50 / 13.00	Hawaiian goat cheese - add	5.50 / 14.00
Clean, chemical free meats -	add	6.25 / 14.00		

Veggies - fire-roasted red peppers ~ red onions ~ Kalamata olives ~ button mushrooms ~ local beets
Maui Pineapple ~ Maui Jalapeño ~ Maui spinach ~ local tomatoes ~ Golden Greek peppers

Cheeses - Parmesan ~ Hawaiian goat cheese ~ blue cheese ~ vegan cheese

Meat - Kiawe smoked kalua pork ~ oven roasted chicken ~ all-natural uncured pepperoni
our maple fennel sausage ~ hickory smoked all-natural honey cured bacon

THE ENTRÉE SALAD

Chicken Bacon Ranch - all-natural honey cured bacon, oven roasted chicken on a bed of Lapa 'Au Farm's mesclun and Oko 'A farm's organic red & green leaf lettuces, local cherry tomatoes, red onions and housemade ranch dressing

19.00

FLATBREADS - without tomato sauce

Cheese & Herb - Whole milk mozzarella and Parmesan cheese, homemade garlic oil, our own blend of organic herbs

Lg (16") Sm (12")

22.00 17.00

Our Maple Fennel Sausage - Our own homemade all-natural maple-fennel sausage with organic sulfate-free sundried tomatoes, caramelized onions, button mushrooms, whole milk mozzarella and Parmesan cheese, homemade garlic oil and organic herbs

30.00 21.00

Coevolution - Imported Kalamata olives, fresh Maui organic rosemary, red onions, Hawaiian goat cheese, fire-roasted sweet red peppers, whole milk mozzarella and Parmesan cheese, homemade garlic oil and organic herbs

add maple fennel sausage 6.25 / 4.25

27.75 19.75

Mopsy's Kalua Pork - Kiawe smoked free-range kalua pork, homemade organic mango BBQ sauce, red onions, Maui pineapple, Hawaiian goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs **oven roasted chicken also available**

31.00 22.00

Pele Pesto - Homemade organic Maui basil, macadamia nut and garlic pesto, our own blend of Hawaiian goat cheese, local tomatoes, Kalamata olives, whole milk mozzarella, Parmesan, homemade garlic oil and organic herbs

29.00 20.00

Before placing your order, please inform your server if a person in your party has a food allergy



FLATBREADS with our organic tomato sauce

Our dough is made daily from 100% organic wheat that is milled into white flour.
 Then we add stone ground whole grain flour from Maine Grains.
 One 16" flatbread is generally enough for two people

	Lg (16")	Sm (12")
Jay's Heart –Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	25.00	20.00
Pepperoni & Mushroom – All-natural, uncured pepperoni, button mushrooms, our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	30.00	21.00
Pa'ia Bay Ohana –Organic tomato sauce, caramelized onions, button mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	27.00	19.00
Vegan – Organic tomato sauce, caramelized onions, button mushrooms, Local tomatoes, organic Maui spinach, vegan cheese, homemade garlic oil, our own blend of organic herbs	28.50	21.50

12" gluten free crusts available...add 7.00

NO BOUNDARIES BREADS – start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

Sauces – tomato sauce ~ mango BBQ sauce ~ basil macadamia pesto

Veggies – fire-roasted red peppers ~ red onions ~ Kalamata olives ~ sulfate-free organic sun-dried tomatoes
 button mushrooms ~ Maui spinach ~ Maui Jalapeños ~ Maui Pineapple ~caramelized onions
 local tomatoes ~ organic Maui rosemary ~ organic herb mix

Cheeses – whole milk mozzarella ~ Parmesan

Specialty Cheeses – Hawaiian goat cheese ~ blue cheese ~ vegan cheese

Meats – uncured pepperoni ~ all-natural maple fennel sausage ~ Kiawe smoked free range Kalua pork
 roasted chicken ~ honey cured bacon

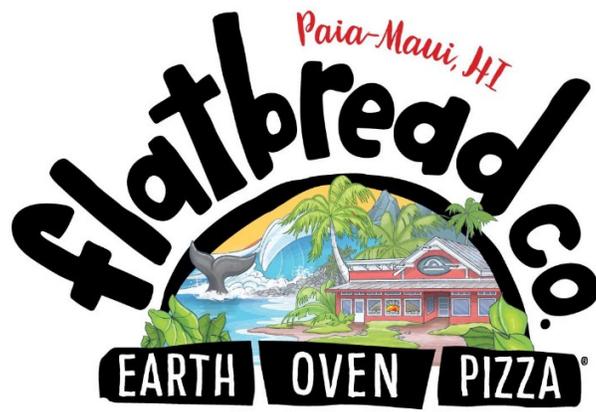
Sauces & Veggies	add	4.25 ea / 2.75 ea
Cheeses	add	4.50 ea / 3.00 ea
Specialty Cheeses	add	4.75 / 3.25
Clean, chemical-free meats	add	6.25 ea / 4.25 ea

Dipping sauces available for any flatbread... \$1.50 ea

Free Form breads begin with garlic oil and end with our blend of fresh organic herbs
 12" gluten free crusts available...add 7.00

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

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DESSERTS served with your choice of Roselani vanilla, chocolate or coconut ice cream

Little Beach Bakery Homemade Brownie Sundae – Warmed in our wood-fired oven and served with Roselani ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup	10.50
Kokomo Farms Banana Bread – Warmed in our wood-fired oven and served with Roselani ice cream, and topped with our whipped cream sweetened with maple syrup	10.25
Lilikoi Cheesecake – Locally sourced lilikoi cheesecake served with a scoop of Roselani ice cream and our homemade whip cream (gluten free)	12.00
Vegan Chocolate Torte – Warmed in our wood-fired oven and served with Roselani ice cream and our whipped cream sweetened with maple syrup if requested (only Plain Torte is Vegan)	10.25
Scoop of Ice Cream – Roselani ice cream	4.50
No Ka Oi Float – Root beer or lemon-lime soda with vanilla ice cream	8.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade	3.75	Vitalitea Kombucha	6.00
No Ka Oi GMO Free Soda Cola, Diet Cola, Ginger Ale Lemon-Lime, Root Beer	3.75	Hawai'i Volcanic Sparking Water 777ml	5.50
Organic All-Natural Juices Cranberry, Mango, Pomegranate	4.25	Organic Chocolate Milk	3.25
Maui Brewing Co Ginger Beer	6.00	Maui Sun Tea Organic Tropical Iced Tea	3.75
		Organic Tea (Green, Black)	3.75
		Maui Oma Coffee	4.00

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce & Dough

We add a 3% kitchen appreciation fee to the food on each check
100% of this fee will be split between our entire Heart of House team

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