



KEEP EACH OTHER WELL

## OUR SALAD

Local, sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds, Atlantic Sea Farms Maine sea kelp, our homemade ginger-tamari vinaigrette

individual 10.00

bowl (serves 6-8 people) 49.00

**No Boundaries Salad options** - (individual / bowl)

1st veggie - add 3.00/ 5.25 Two or more veggies - add 4.00 / 7.25

Specialty Cheeses - add 4.75 / 10.75 Humanely raised meats - add 5.00 / 10.00

**Veggies** - organic red onions ~ Kalamata olives ~ organic mushrooms ~ roasted red bell peppers ~ fresh pineapple sulfate-free sundried tomatoes ~ fresh tomatoes ~ Maine fingerling potatoes ~ baby spinach ~ asparagus grilled artichokes

**Specialty Cheeses** - Sunset Acres goat cheese ~ Great Hill Dairy blue cheese ~ Parmesan

**Humanely raised meats** - free-range chicken ~ smoked free range Kalua pork ~ No. Country Smokehouse bacon

## OUR ENTRÉE SALADS

**Chicken Bacon Ranch** - North Country Smokehouse bacon, roasted Maine Family Farms free-range chicken on a bed of sweet leaf lettuces, Maine tomatoes, red onion, our housemade ranch dressing 17.75

**Aroostook Fire Roasted Potato and greens** - Warm fire-roasted Maine fingerling potatoes, shaved Parmesan, scallions, fire-roasted red onions on a bed of sweet leaf lettuces, dill crème fresh, our ginger tamari vinaigrette  
add North Country Smokehouse bacon.... \$5.00 add local hardboiled egg... \$3 15.25

## NO BOUNDARIES FLATBREAD - start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

**Sauces** - our tomato sauce ~ mango BBQ sauce ~ creamy artichoke sauce

**Veggies** - fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes ~ fresh pineapple organic mushrooms ~ organic caramelized onions ~ Maine fingerling potatoes ~ Kalamata olives organic rosemary ~ organic herb mix ~ fresh tomatoes ~ peperonata ~ asparagus ~ grilled artichokes

**Cheeses** - whole milk mozzarella ~ Parmesan

**Specialty Cheeses** - Sunset Acres goat cheese ~ Great Hill blue cheese ~ vegan cheese ~ black peppercorn ricotta

**Meats** pepperoni ~ maple fennel sausage ~ Kalua pork ~ roasted chicken ~ No. Country Smokehouse bacon

Sauces & Veggies add 2.50 ea / 2.00 ea

Cheeses add 1.75 ea / 1.50 ea

Specialty Cheeses add 4.75 / 3.25

Humanely raised meats add 5.00 ea / 4.00 ea

No Boundaries breads begin with garlic oil and end with our blend of fresh organic herbs  
12" gluten free Hillside Lane Farm crusts available ~...add 5.50

Before placing your order, please inform your server if a person in your party has a food allergy

pland- 4-03-26

## OUR SEASONAL FLATBREADS

Our dough is made daily from 100% organic wheat that is milled into white flour.

Then we add stone ground whole grain flour from Maine Grains.

One 16" flatbread is generally enough for two people.

	Lg (16")	Sm (12")
<b>Beef Brasato</b> – Earthen oven beef braised in our organic tomato sauce, lemon zest and black peppercorn ricotta, a medley of peperonata braised peppers, whole milk mozzarella, Parmesan	30.00	21.50
<b>Spring Equinox</b> – Lemon roasted asparagus, creamy artichoke sauce, grilled artichoke hearts, organic red onions, whole milk mozzarella, Parmesan, topped with our housemade gremolata (garlic, lemon zest, parsley) <b>add North Country Smokehouse bacon 5.00 / 4.00</b>	26.00	19.50

## FLATBREADS with our organic tomato sauce

<b>Jay's Heart</b> – Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	20.00	15.50
<b>Pepperoni &amp; Mushroom</b> – All-natural, uncured pepperoni with organic mushrooms, our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	25.50	19.25
<b>Casco Bay Community Flatbread</b> –Organic tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	23.25	17.00
<b>Vegan</b> – Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs	23.50	17.00

## FLATBREADS without tomato sauce

<b>Cheese &amp; Herb</b> – Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs	18.50	14.50
<b>Our Maple Fennel Sausage</b> – Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	27.50	19.25
<b>Mopsy's Kalua Pork</b> – smoked free-range kalua pork, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, local artisan goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs <b>oven roasted free-range chicken also available</b>	28.00	19.25
<b>Coevolution</b> – Imported Kalamata olives, fresh organic rosemary, organic red onions, Sunset Acres goat cheese, fire-roasted sweet red peppers, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs <b>add maple fennel sausage 5.00 / 4.00</b>	25.25	18.00
<b>Chicken Bacon Ranch</b> – Maine Family Farm oven roasted free-range chicken, North Country Smokehouse bacon, tomatoes, organic red onions, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs, our housemade Ranch dressing	29.00	20.50

**12" gluten free Hillside Lane Farm crusts available ~ ...add 5.50**

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

Before placing your order, please inform your server if a person in your party has a food allergy



## DESSERTS

<b>Espresso Cheesecake in a Jar</b> – housemade with a chocolate crumble crust and topped with our maple sweetened whip cream and chocolate drizzle. Made with decaf espresso. Available for dine in only	9.00
<b>Strawberry Rhubarb Crisp</b> – Strawberry & rhubarb fruit with a hint of elderflower syrup and our maple oat streusel crisp topping. Warmed in our wood fired oven and served with all-natural vanilla ice cream (crisp without ice cream is gluten free & vegan)	10.00
<b>Homemade Brownie Sundae</b> – made with free-range eggs, fair trade chocolate and toasted brown butter. Warmed in our oven and served with Annabelle's all-natural vanilla ice cream, homemade chocolate sauce and our whipped cream sweetened with maple syrup	10.00
<b>Momma Santos's Chocolate Chip Banana Bread</b> – Warmed in our wood-fired oven and served with Annabelle's all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup	9.50
<b>Ice Cream</b> – single or double scoop of Annabelle's all-natural Tahitian vanilla or Dutch chocolate	3.00 / 5.75
<b>Boylan Bottling Float</b> – Boylan craft soda (Root Beer, Orange, Lemon-Lime) with Annabelle's all-natural vanilla ice cream	8.00

## BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade On the rocks or hot	3.25	Freshly Brewed Iced Tea	2.75
Boylan Craft Fountain Sodas Cola, Diet Cola, Lemon Lime Root Beer, Ginger Ale,	3.50	Our Own Sweet Tea	3.25
Boylan Craft Bottled Sodas Shirley temple, Orange Birch Beer	3.50	Arnold Palmer 1/2 iced tea -1/2 lemonade	3.75
Organic Apple Juice	3.25	Home Grown Herb & Tea   Portland, ME <u>Organic Teas</u> - Gunpowder green, Earl Grey, English Breakfast	3.50
San Pellegrino Sparking Water 1/2 L	4.00	<u>Organic Herbal</u> - Simply Minty, Lemon Squeezer, Seasonal Blend	
Oakhurst of Maine Milk Regular or Chocolate Milk	3.00	Rwanda Bean Coffee   Portland, ME Regular & Decaf	3.75

**Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough, Bloody Mary Mix**

We automatically add 20% gratuity to parties of 10 or more  
We add a 2% kitchen appreciation fee to the food on each check  
100% of this fee will be split between our entire Heart of House team

Before placing your order, please inform your server if a person in your party has a food allergy

pland- 4-03-26