

KEEP EACH OTHER WELL

## OUR SALAD

Sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds, Atlantic Sea Farms Maine sea kelp, our homemade ginger-tamari vinaigrette

individual	9.50
bowl (serves 6-8 people)	40.00

**No Boundaries Salad options** - (individual / bowl)

1st veggie -	add	3.00 / 5.25	Two or more veggies -	add	4.00 / 7.25
Specialty Cheeses -	add	4.75 / 10.75	Humanely raised meats -	add	5.00 / 10.00

**Veggies** - organic red onions ~ Kalamata olives ~ organic mushrooms ~ oven-roasted red bell peppers  
sulfate-free sundried tomatoes ~ fresh pineapple ~ tomatoes ~ dried cranberries ~ Maine potatoes

**Specialty Cheeses** - Vt. artisan goat cheese ~ Great Hill Dairy blue cheese ~ Parmesan ~ fontina

**Humanely raised meats** - free-range chicken ~ smoked free range Kalua pork ~ No. Country Smokehouse bacon

## OUR SIGNATURE FLATBREADS

Our dough is made daily from 100% organic wheat that is milled into white flour.

Then we add stone ground whole grain flour from Maine Grains.

One 16" flatbread is generally enough for two people

	Lg (16")	Sm (12")
<b>Harvest</b> - Local, oven roasted butternut squash, fresh sage, kale, ricotta, dried cranberries, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs		
add maple fennel sausage	5.00 / 4.00	
	21.50	15.25
<b>Pemberton Potato Pie</b> - Green Thumb Maine potatoes, rosemary cream sauce, oven roasted garlic, spinach, Fontina, whole milk mozzarella, Parmesan, our garlic oil, our blend of organic herbs		
add North Country Smokehouse bacon	5.00 / 4.00	
	21.50	15.25

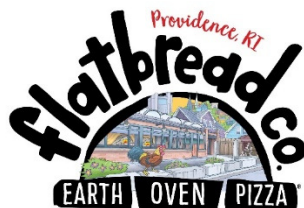
## FLATBREADS with our organic tomato sauce

<b>Jay's Heart</b> - Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	19.00	14.75
<b>Pepperoni &amp; Mushroom</b> - All-natural, uncured pepperoni with organic mushrooms, Organic tomato sauce, whole milk mozzarella, Parmesan, garlic oil, our blend of organic herbs	24.00	18.25
<b>Providence Community Flatbread</b> - Organic tomato sauce, organic caramelized onions, Organic mushrooms, whole milk mozzarella, Parmesan, garlic oil, our blend of organic herbs	22.00	16.25
<b>Vegan</b> - Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs	23.50	17.00

12" gluten free Hillside Lane Farm crusts available...add 5.50

Before placing your order, please inform your server if a person in your party has a food allergy

prov- 10-4-24



**THE FLATBREADS** without tomato sauce

	Lg (16")	Sm (12")
<b>Cheese &amp; Herb</b> - Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs	17.75	13.75
<b>Our Maple Fennel Sausage</b> - Our own homemade nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	26.50	18.25
<b>Mopsy's Kalua Pie</b> - Your choice - smoked free-range kalua pork or oven-roasted free range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Vt. Artisan goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs	26.50	18.25
<b>Coevolution</b> - Imported Kalamata olives, fresh organic rosemary, organic red onions, Vt. Artisan goat cheese, fire-roasted sweet red peppers, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs		
add maple fennel sausage	5.00 / 4.00	24.00 / 17.25
<b>Chicken Bacon Ranch</b> - Maine Family Farm oven roasted free-range chicken, North Country Smokehouse bacon, tomatoes, organic red onions, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs, our housemade Ranch dressing	27.50	19.00

12" gluten free Hillside Lane Farm crusts available...add 5.50

**NO BOUNDARIES BREADS** - start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

**Sauces** - organic tomato sauce ~ organic mango BBQ sauce ~ rosemary cream sauce

**Veggies** - fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes  
 organic mushrooms ~ organic caramelized onions ~ Kalamata olives ~ organic rosemary ~ organic herbs  
 fresh pineapple ~ tomatoes ~ dried cranberries ~ Maine potatoes ~ roasted butternut squash

**Cheeses** - whole milk mozzarella ~ Parmesan

**Specialty Cheeses** - Valley View Farm goat cheese ~ Great Hill Dairy blue cheese ~ vegan cheese ~ fontina

**Meats** - pepperoni ~ maple fennel sausage ~ Kalua pork ~ roasted chicken  
 No. Country Smokehouse bacon

Sauces & Veggies	add	2.50 ea / 2.00 ea
Cheeses	add	3.75 ea / 3.00 ea
Specialty Cheeses	add	4.75 ea / 3.25 ea
Humanely raised meats	add	5.00 ea / 4.00 ea

No Boundaries breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs

12" gluten free Hillside Lane Farm crusts available...add 5.50

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

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**DESSERTS** served with your choice of Windsor dairy's all-natural chocolate or vanilla ice cream

**Cinnamon Apple Crisp** – Local MacIntosh apples baked with cider, maple syrup and cinnamon, topped with a maple oat streusel crisp topping. Warmed in our wood fired oven, served with vanilla ice cream. (crisp w/o ice cream is gluten free & vegan) 9.50

**Homemade Brownie Sundae** – Warmed in our wood-fired oven and served with Windsor Dairy ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. 9.50

**Scoop of Ice Cream** – Windsor Dairy ice cream 4.50

**Maine Root Float** – Maine Root soda (Root Beer, Mandarin Orange, lemon-lime or Blueberry) with Windsor Dairy vanilla ice cream 8.00

**BEVERAGES FOR EVERYONE**

Fresh Squeezed Lemonade On the rocks or hot	3.25	Windsor Dairy Milk	3.00
Fountain Sodas Coke, Diet Coke, Ginger Ale, Sprite	3.00	Freshly Brewed Iced Black Tea	2.75
Maine Root Organic Sodas Root Beer, Blueberry Mandarin Orange, Ginger Brew	3.50	Our Iced Hibiscus/Blood Orange Tea	3.25
Organic Apple Juice	3.25	Arnold Palmer	3.75
Yacht Club Sparking Water   RI	3.00	MEM hot Tea   Cambridge, MA	3.50
Yacht Club Birch Beer   RI	3.00	<u>Decaf Teas</u> – Crimson Berry Lemon-Chamomile, English Breakfast	
		<u>Teas</u> – Blue Flower Earl Grey, Moroccan Mint	
		New Harvest Coffee   RI Regular & Decaf	3.75

**Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough, Bloody Mary Mix**

We add a 2% kitchen appreciation fee to the food on each check  
100% of this fee will be split between our entire Heart of House team

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