

# OVR SALAD

Local, sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame see Atlantic Sea Farms Maine Kelp, our homemade ginger-tamari vinaigrette indiv		9.50		
bowl (serves 6-8 pec No Boundaries Salad options – (individual / bowl)	ople)	40.00		
1st veggie – add 3.00 / 5.25 Two or more veggies – add Specialty Cheeses – add 4.75 / 10.75 Humanely raised meats – add	4.00 / 5.00 /	7.25 10.00		
<u>Veggies</u> - organic red onions ~ Kalamata olives ~organic mushrooms ~ oven-roasted red be sulfate-free sundried tomatoes ~ fresh pineapple ~ tomatoes ~ dried cranberries ~				
<b>Specialty Cheeses</b> – Pineland Farm Feta ~ Valley View goat cheese ~ Great Hill Dairy blue chee Humanely raised meats – free-range chicken ~ smoked free range Kalua pork ~ No. Country Sm	se ~ font	ina		
OVR SIGNATURE FLATBREADS				
Our dough is made daily from 100% organic wheat that is milled into white f Then we add stone ground whole grain flour from Maine Grains. One 16″ flatbread is generally enough for two people	our.			
	Lg ( <u>16</u>	<u>′</u> ) Sm ( <u>12″)</u>		
<b>Harvest</b> –Local, oven roasted butternut squash, fresh sage, kale, ricotta, dried cranberries, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs				
add maple fennel sausage 5.00 / 4.00	21.50	15.25		
<b>Pemberton Potato Pie</b> – Green Thumb Maine potatoes, rosemary cream sauce, oven roasted ga spinach, Fontina, whole milk mozzarella, Parmesan, our garlic oil, our blend of organic herbs	rlic,			
add North Country Smokehouse bacon 5.00 / 4.00	21.50	15.25		
FLATBREADS with our organic tomato sauce				
<b>Jay's Heart</b> – Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	19.00	14.75		
<b>Pepperoni &amp; Mushroom</b> – All-natural, uncured pepperoni with organic mushrooms, our organ tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	oic 24.00	18.25		
<b>Amesbury Community Flatbread</b> –Organic tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	22.00	16.25		
<b>Vegan</b> – Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs	23.50	17.00		

## 12" gluten free Hillside Lane Farm crusts available...add 5.50

Before placing your order, please inform your server if a person in your party has a food allergy ames-10-4-24



THE FLATBREADS WITHOUT COMATO SAUCE
Cheese & Herb - Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs
<b>Our Maple Fennel Sausage –</b> Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs
Mopsy's Kalua Pie – Your choice – smoked free-range kalua pork or oven-roasted free range

<b>Mopsy's Kalua Pie</b> – Your choice – smoked free-range kalua pork or oven-roasted free range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Valley View Farm's goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs	26.50	18.25
<b>Coevolution –</b> Imported Kalamata olives, fresh organic rosemary, organic red onions, Valley View Farm's goat cheese, fire-roasted sweet red peppers, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs add maple fennel sausage 5.00 / 4.00	24.00	17.25

<b>Chicken Bacon Ranch</b> – Maine Family Farm oven roasted free-range chicken, North Country		
Smokehouse bacon, tomatoes, organic red onions, whole milk mozzarella, Parmesan, homemade		
garlic oil, our blend of organic herbs, our housemade Ranch dressing	27.50	19.50

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### NO BOUNDARIES BREADS - start with a Cheese & Herb, Jay's Heart or plain dough

### ~ add your choice of sauce, veggies, cheeses and meats

- <u>Sauces</u> organic tomato sauce ~ organic mango BBQ sauce ~ rosemary cream sauce
- **Veggies** fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes organic mushrooms ~ organic caramelized onions ~ Kalamata olives ~ organic rosemary ~ organic herbs fresh pineapple ~ tomatoes ~ dried cranberries ~ Maine potatoes ~ roasted butternut squash
- <u>Cheeses</u> whole milk mozzarella ~ Parmesan

THE ELATRDEADS without tomato sauce

- Specialty Cheeses Valley View Farm goat cheese ~ Great Hill Dairy blue cheese ~ Pineland Farm feta ~ vegan cheese fontina
- <u>Meats</u> pepperoni ~ maple fennel sausage ~ Kalua pork ~ roasted chicken ~ No. Country Smokehouse bacon

Sauces & Veggies	add	2.50 ea / 2.00 ea
Cheeses	add	3.75 ea / 3.00 ea
Specialty Cheeses	add	4.75 / 3.25
Humanely raised meats	add	5.00 ea / 4.00 ea

No Boundaries breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs

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Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

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Lg (<u>16"</u>)

17.75

26.50

Sm (<u>12")</u> 13.75

18.25



## DESSERTS served with your choice of all-natural Walpole Creamery ice cream

<b>Cinnamon Apple Crisp –</b> Local MacIntosh apples baked with cider, maple syrup and cinnamon, topped with a maple oat streusel crisp topping. Warmed in our wood fired oven, served with vanilla ice cream. (crisp w/o ice cream is gluten free & vegan)	9.50
<b>Barbara's Homemade Brownie Sundae</b> – Warmed in our wood-fired oven and served with all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain brownie available gluten free & vegan)	9.50
<b>Sarah's Chocolate Chip Banana Bread</b> – Warmed in our wood-fired oven and served with your choice of all-natural ice cream, warm homemade chocolate sauce and our own whipped cream sweetened with maple syrup	9.50
Scoop of Ice Cream – Walpole Creamery all-natural Tahitian vanilla or Dutch chocolate	4.50
<b>Powwow Maine Root Float –</b> Root beer, mandarin-orange or blueberry soda with all-natural vanilla ice cream	8.00

# BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade On the rocks or hot	3.25	Organic Apple Juice	3.25
Fountain Sodas	3.00	Saratoga Sparking Water ½ L	4.00
Coke, Diet Coke, Ginger Ale, Sprite		Freshly Brewed Iced Tea	2.75
Maine Root Sodas Root beer, Blueberry	3.50	Arnold Palmer	3.75
Mandarin-Orange, Sarsaparilla, Ginger Brew		White Heron Organic Tea l Portsmouth Green, Earl Grey, Black, Chamomile	3.50
Hatchland Farm Milk Regular or Chocolate Milk	3.00	Kaha Coffee Roasters   Amesbury Regular & Decaf	3.75

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough, Bloody Mary Mix

We add a 2% kitchen appreciation fee to the food on each check 100% of this fee will be split between our entire Heart of House team

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