



OUR ORGANIC SALAD

Lapa 'Au Farm's mesclun and Oko 'A farm's organic red & green leaf lettuces, Maui organic green papaya from Ono Farms, Oko 'A farm's organic carrots, toasted sesame seeds, local organic cucumbers and our homemade Maui pineapple vinaigrette

individual	11.00
bowl (serves 6-8 people)	44.00

No Boundaries Salad options -

(individual / bowl)

(individual / bowl)

1st veggie -	add	3.50 / 7.00	Two or more veggies - add	5.25 / 9.25
Blue, Parmesan -	add	4.50 / 13.00	Hawaiian goat cheese - add	4.50 / 12.50
Clean, chemical free meats -	add	6.25 / 14.00		

Veggies - fire-roasted red peppers ~ red onions ~ Kalamata olives ~ button mushrooms
Maui Pineapple ~ Maui Jalapeño ~ Maui spinach ~ oven roasted potatoes ~ Maui onions

Cheeses - Parmesan ~ Hawaiian goat cheese ~ blue cheese ~ vegan cheese

Meat - Kiawe smoked pork ~ oven roasted chicken ~ all-natural uncured pepperoni
our maple fennel sausage ~ hickory smoked all-natural honey cured bacon ~ slow cooked pork

FLATBREADS - without tomato sauce

	Lg (16")	Sm (12")
Cheese & Herb - Whole milk mozzarella and Parmesan cheese, homemade garlic oil, our own blend of organic herbs	20.50	15.75
Our Maple Fennel Sausage - Our own homemade all-natural maple-fennel sausage with organic sulfate-free sundried tomatoes, caramelized onions, button mushrooms, whole milk mozzarella and Parmesan cheese, homemade garlic oil and organic herbs	27.50	19.00
Coevolution - Imported Kalamata olives, fresh Maui organic rosemary, red onions, Hawaiian goat cheese, fire-roasted sweet red peppers, whole milk mozzarella and Parmesan cheese, homemade garlic oil and organic herbs		
add maple fennel sausage	6.25 / 4.25	
	26.75	18.50
Mopsy's Kalua Pie - Your choice - Kiawe smoked free-range pork shoulder or oven-roasted chicken, homemade organic mango BBQ sauce, red onions, Maui pineapple, Hawaiian goat cheese, whole milk mozzarella, Parmesan, garlic oil and our organic herb mix	28.50	19.50
Pele Pesto - Homemade organic Maui basil, macadamia nut and garlic pesto, our own blend of Hawaiian goat cheese, local tomatoes, Kalamata olives, whole milk mozzarella, Parmesan, homemade garlic oil and organic herbs	27.25	18.75

Before placing your order, please inform your server if a person in your party has a food allergy



FLATBREADS with our organic tomato sauce

Our dough is made daily from 100% organic wheat that is milled into white flour.
 Then we add stone ground whole grain flour from Maine Grains.
 One 16" flatbread is generally enough for two people

	Lg (16")	Sm (12")
Jay's Heart –Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	22.75	17.50
Pepperoni & Mushroom – All-natural, uncured pepperoni button mushrooms, our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	26.50	18.75
Pa'ia Bay Ohana –Organic tomato sauce, caramelized onions, button mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	25.25	18.00
Vegan – Organic tomato sauce, organic caramelized onions, button mushrooms, Local tomatoes, organic Maui spinach, vegan cheese, homemade garlic oil, our own blend of organic herbs	26.50	20.00

12" gluten free crusts available...add 7.00

NO BOUNDARIES BREADS – start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

Sauces – tomato sauce ~ mango BBQ sauce ~ basil macadamia pesto

Veggies – fire-roasted red peppers ~ red onions ~ Kalamata olives ~ sulfate-free organic sun-dried tomatoes
 button mushrooms ~ Maui spinach ~ Maui Jalapeños ~ caramelized onions
 organic Maui rosemary ~ organic herb mix

Cheeses – whole milk mozzarella ~ Parmesan ~

Specialty Cheeses – Hawaiian goat cheese ~ blue cheese ~ vegan cheese

Meats – uncured pepperoni ~ all-natural maple fennel sausage ~ Kiawe smoked free range Kalua pork
 roasted chicken ~ honey cured bacon ~ clay oven slow cooked pork

Sauces & Veggies	add	4.25 ea / 2.75 ea
Cheeses	add	4.50 ea / 3.00 ea
Specialty Cheeses	add	4.75 / 3.25
Clean, chemical-free meats	add	6.25 ea / 4.25 ea

Free Form breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs

12" gluten free crusts available...add 7.00

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

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DESSERTS served with your choice of Roselani vanilla, chocolate or coconut ice cream

Little Beach Bakery Homemade Brownie Sundae – Warmed in our wood-fired oven and served with Roselani ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup	9.50
Lilikoi Cheesecake – Locally sourced lilikoi cheesecake served with a scoop of Roselani ice cream and our homemade whip cream (gluten free)	10.50
Vegan Chocolate Torte – Warmed in our wood-fired oven and served with Roselani ice cream and our whipped cream sweetened with maple syrup if requested (only Plain Torte is Vegan)	10.25
Scoop of Ice Cream – Roselani ice cream	4.50
No Ka Oi Float – Root beer or lemon-lime soda with vanilla ice cream	8.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade	3.75	Hawai'i Volcanic Sparking Water 777ml	5.50
No Ka Oi GMO Free Soda Cola, Diet Cola, Lemon-Lime, Root Beer	3.75	Organic Chocolate Milk	3.25
Organic All-Natural Juices Cranberry, Mango, Pomegranate	4.25	Maui Sun Tea Organic Tropical Iced Tea	3.75
		Organic Tea (Green, Black)	3.75
		Maui Oma Coffee	4.00

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce & Dough

We add a 3 % kitchen appreciation fee to the food on each check
100% of this fee will be split between our entire Heart of House team

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