

OUR SALAD

Local, sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds,
 Maine sea kelp, our homemade ginger-tamari vinaigrette individual **8.25**
salad bowl (serves 6-8 people) **37.00**

No Boundaries Salad options - (individual / bowl)

1st veggie - add 1.75 / 4	Two or more veggies - add 2.75 / 6
Cheeses - add 2.25 / 8	Clean, chemical free meats - add 3.50 / 8

- Veggies** - organic roasted corn ~ organic red onions ~ Kalamata olives ~ organic black beans
 organic mushrooms ~ oven-roasted red bell peppers ~ sulfate-free sundried tomatoes
- Cheeses** - Pineland Farm Feta ~ Valley View goat cheese ~ Great Hill Dairy bleu cheese ~ Parmesan
- Meat** - roasted free-range chicken ~ slow-cooked free range Kalua pork

FLATBREADS with our organic wood-fired cauldron tomato sauce

Our dough is made daily from 100% organic wheat that is milled into white flour and the wheat germ restored
 One 16" flatbread is generally enough for two people

	Lg (16")	Sm (12")
Jay's Heart - Our organic wood-fired cauldron organic tomato sauce, whole milk mozzarella, Parmesan cheese, homemade garlic oil and our own blend of organic herbs	17.00	12.25
Pepperoni & Mushroom - All-natural, uncured pepperoni with organic mushrooms, our organic wood-fired cauldron tomato sauce, whole milk mozzarella and Parmesan cheese, homemade garlic oil and our blend of organic herbs	20.75	14.25
Bedford Community Flatbread - Our organic wood-fired cauldron tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella and Parmesan cheese, homemade garlic oil and our own blend of organic herbs	20.00	12.75
Original Vegan - Our organic wood-fired tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, homemade garlic oil and our own blend of organic herbs		
add Vegan Cheese 3.50 / 2.50	17.75	12.00

12" gluten-free crusts available for all breads add 5.00

Before placing your order, please inform your server if a person in your party has a food allergy

FLATBREADS without tomato sauce

	Lg (16")	Sm (12")
Cheese & Herb - whole milk mozzarella and Parmesan cheese, homemade garlic oil and our own blend of organic herbs	16.25	11.00
Homemade Sausage - our own homemade nitrate-free maple-fennel sausage with organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella and Parmesan cheese, homemade garlic oil and organic herbs	21.75	13.75
Mopsy's Kalua Pie - Your choice - slow cooked free-range pork shoulder or oven-roasted free range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Valley View Farm goat cheese, whole milk mozzarella, Parmesan cheese, garlic oil and our organic herb mix	22.50	14.50
Punctuated Equilibrium - Imported Kalamata olives, fresh organic rosemary, organic red onions, Valley View Farm goat cheese, fire-roasted sweet red peppers, whole milk mozzarella Parmesan cheese, our homemade garlic oil and our own blend of organic herbs <div style="text-align: center;">add maple fennel sausage 3.50 / 2.00</div>	21.50	13.50
Jimmy's Free-Range Chicken - Oven roasted free-range chicken, organic black beans, Organic cilantro tomatoes, organic roasted corn, whole milk mozzarella, Parmesan cheese, Sour cream lime drizzle and some jalapeño peppers (if you want)	22.50	14.50

FREE FORM FLATBREADS - start with a Cheese & Herb, Jay's Heart or Plain J and add any combo of...

- ~ add your choice of sauce
- ~ add your choice of veggies, cheeses and meats

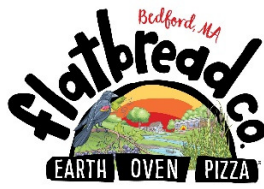
- Sauces** - wood fired organic cauldron tomato sauce ~ organic mango BBQ sauce
- Veggies** - fire-roasted red peppers ~ organic red onions ~ Kalamata olives ~ sulfate-free organic sun-dried tomatoes organic mushrooms ~ organic roasted corn ~ organic black beans ~ organic caramelized onions organic cilantro tomatoes ~ organic rosemary ~ organic herb mix ~ wood-fired cauldron tomato sauce
- Cheeses** - whole milk mozzarella ~ Parmesan ~ Valley View Farm goat cheese ~ Great Hill Dairy blue
- Meats** - uncured pepperoni ~ maple fennel sausage ~ smoked free range Kalua pork ~ roasted free-range chicken

Sauces	add	1.75 ea / 1.00 ea
Veggies	add	1.75 ea / 1.00 ea
Cheeses	add	2.50 ea / 1.75 ea
Vegan Cheese	add	3.50 / 2.50
Clean, chemical-free meats	add	3.50 ea / 2.00 ea

Free Form breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs
 12" gluten free flatbreads available ~ ...add 5.00

Join us for our Benefit Bake every Tuesday. Flatbread Company donates a portion of each flatbread sold to a local, non-profit organization. Ask your server about upcoming benefits or for a Benefit Bake application for your group!

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DESSERTS served with your choice of Bedford Farm's chocolate or vanilla ice cream, or raspberry sorbet

Homemade Cinnamon Apple Crisp – Lakeside Orchards apples baked with cider, maple syrup and cinnamon. Topped with a streusel crisp made with Maine Grains rolled oats. Served warm with Annabelle's all-natural ice cream	7.75
Barbara's Homemade Brownie Sundae – Warmed in our wood-fired oven and served with Bedford Farm's ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup.	7.75
Linnea's Organic Chocolate Chip Cookie Wedge – warmed in our wood-fired oven and served with your choice of Bedford Farm's ice cream, warm homemade chocolate sauce and our own whipped cream sweetened with maple syrup	7.75
Peace of Mind Chocolate Whoopie Pie – warmed in our oven and served with Bedford Farm's ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain whoopie is gluten free & vegan)	7.75
Scoop of Ice Cream – Bedford Farm's ice cream	3.00
Maine Root Float – Maine Root soda (Root Beer, Orange or Blueberry) with Bedford farm's vanilla ice cream	6.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade On the rocks or hot	3.25	Saratoga Sparking Water 12 oz	3.50
Fountain Sodas Coke, Diet Coke, Ginger Ale, Sprite	2.75	Saratoga Still Water 28 oz	5.50
Maine Root Organic Sodas Root Beer, Sarsaparilla, Blueberry, Orange, Ginger Brew	3.00	Freshly Brewed Iced Tea	2.75
Organic Apple Juice	3.25	Arnold Palmer	3.75
High Lawn Farms Milk Regular or Chocolate Milk	3.00	White Heron Organic Tea Portsmouth	3.50
		<u>Tea</u> – English Breakfast Cloud Song Green,	
		<u>Herbal</u> – Ginger-mint, chamomile-lavender Cranberry-apple-ginger blend	
		Barrington Coffee Lee, MA	3.75
		Italian Dark Roast French Roast Decaf	

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough & Pizza Kits

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