

KEEP EACH OTHER WELL

OUR SALAD

Sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds, Atlantic Sea Farms Maine sea kelp, our homemade ginger-tamari vinaigrette	individual	9.50
	bowl (serves 6-8 people)	40.00

No Boundaries Salad options – (individual / bowl)

1st veggie –	add	3.00 / 5.25	Two or more veggies –	add	4.00 / 7.25
Specialty Cheeses –	add	4.75 / 10.75	Humanely raised meats –	add	5.00 / 10.00

Veggies – organic red onions ~ Kalamata olives ~ organic mushrooms ~ roasted red bell peppers ~ fresh pineapple
sulfate-free sundried tomatoes ~ fresh tomatoes ~ roasted potatoes ~ spinach ~ arugula

Specialty Cheeses – Valley View Farm goat cheese ~ Great Hill blue cheese ~ vegan cheese ~ Fontina ~ smoked Gouda

Humanely raised meats – free-range chicken ~ smoked free range Kalua pork ~ No. Country Smokehouse bacon

OUR SIGNATURE FLATBREADS

Our dough is made daily from 100% organic wheat that is milled into white flour.

Then we add stone ground whole grain flour from Maine Grains.

One 16" flatbread is generally enough for two people

		Lg (16")	Sm (12")
Orchard Chutney –Homemade savory apple & Calabrian pepper chutney, smoked Gouda, organic red onions, whole milk mozzarella, Parmesan, our garlic oil, organic herb mix, topped with fresh arugula			
add smoked free-range kalua pork	5.00 / 4.00	21.50	15.25
Pemberton Potato Pie –Green Thumb Maine potatoes, rosemary cream sauce, oven roasted garlic, spinach, Fontina, whole milk mozzarella, Parmesan, our garlic oil, our blend of organic herbs			
add North Country Smokehouse bacon	5.00 / 4.00	21.50	15.25

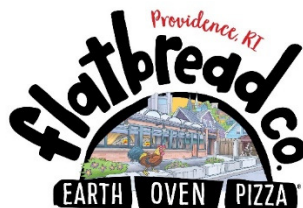
FLATBREADS with our organic tomato sauce

Jay's Heart – Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs		19.00	14.75
Pepperoni & Mushroom – All-natural, uncured pepperoni with organic mushrooms, Organic tomato sauce, whole milk mozzarella, Parmesan, garlic oil, our blend of organic herbs		24.00	18.25
Providence Community Flatbread –Organic tomato sauce, organic caramelized onions, Organic mushrooms, whole milk mozzarella, Parmesan, garlic oil, our blend of organic herbs		22.00	16.25
Vegan – Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs		23.50	17.00

12" gluten free Hillside Lane Farm crusts available...add 5.50

Before placing your order, please inform your server if a person in your party has a food allergy

prov- 10-17-25



THE FLATBREADS without tomato sauce

	Lg (16")	Sm (12")
Cheese & Herb – Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs	17.75	13.75
Our Maple Fennel Sausage – Our own homemade nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	26.50	18.25
Mopsy's Kalua Pork – smoked free-range kalua pork, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, local artisan goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs oven roasted free-range chicken also available	26.50	18.25
Coevolution – Imported Kalamata olives, fresh organic rosemary, organic red onions, Vt. Artisan goat cheese, fire-roasted sweet red peppers, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs add maple fennel sausage	5.00 / 4.00	24.00
Chicken Bacon Ranch – Maine Family Farm oven roasted free-range chicken, North Country Smokehouse bacon, tomatoes, organic red onions, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs, our housemade ranch dressing	27.50	19.00

12" gluten free Hillside Lane Farm crusts available...add 5.50

NO BOUNDARIES BREADS – start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

Sauces – our tomato sauce ~ mango BBQ sauce ~ rosemary cream sauce, savory apple & Calabrian pepper chutney

Veggies – fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes
organic mushrooms ~ organic caramelized onions ~ Kalamata olives ~ organic rosemary ~ organic herbs
fresh tomatoes ~ fresh pineapple ~ spinach ~ arugula ~ local potatoes

Cheeses – whole milk mozzarella ~ Parmesan

Specialty Cheeses – Valley View Farm goat cheese ~ Great Hill blue cheese ~ vegan cheese ~ Fontina ~ smoked Gouda

Meats – nitrate free pepperoni ~ maple fennel sausage ~ Kalua pork ~ roasted chicken
No. Country Smokehouse bacon

Sauces & Veggies	add	2.50 ea / 2.00 ea
Cheeses	add	3.75 ea / 3.00 ea
Specialty Cheeses	add	4.75 ea / 3.25 ea
Humanely raised meats	add	5.00 ea / 4.00 ea

No Boundaries breads begin with garlic oil and ends with our blend of fresh organic herbs

12" gluten free Hillside Lane Farm crusts available...add 5.50

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!

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DESSERTS served with your choice of Windsor dairy's all-natural chocolate or vanilla ice cream

Cinnamon Apple Crisp – Local MacIntosh apples baked with cider, maple syrup and cinnamon, topped with a maple oat streusel crisp topping. Warmed in our wood fired oven, served with vanilla ice cream. (crisp without ice cream is gluten free & vegan) 9.50

Homemade Brownie Sundae – Warmed in our wood-fired oven and served with Windsor Dairy ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. 9.50

Scoop of Ice Cream – Windsor Dairy ice cream 4.50

Root Beer Float – Boylan natural root beer with Windsor Dairy vanilla ice cream 8.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade Iced or hot	3.25	Freshly Brewed Iced Black Tea	2.75
Fountain Sodas Cola, Diet Cola, Ginger Ale, Lemon Lime, Ginger Beer	3.00	Our Iced Hibiscus/Blood Orange Tea	3.25
Boylan Natural Sodas Root Beer	3.50	Arnold Palmer	3.75
Local Apple Cider	3.25	MEM Tea Cambridge, MA Crimson Berry, Lemon-Chamomile, English Breakfast, Earl Grey, Moroccan Mint	3.50
Windsor Dairy Milk	3.00	New Harvest Coffee RI Regular & Decaf	3.75

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough, Bloody Mary Mix

We add a 2% kitchen appreciation fee to the food on each check
100% of this fee will be split between our entire Heart of House team

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