



OUR SALAD

Local, sustainably harvested, sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds, Maine sea kelp, our homemade ginger-tamari vinaigrette

individual	8.25
salad bowl (serves 6-8 people)	37.00

No Boundaries Salad options - (individual / bowl)

1st veggie - add 1.75 / 4	Two or more veggies - add 2.75 / 6
Cheeses - add 2.25 / 8	Clean, chemical free meats - add 3.50 / 8

Veggies - organic red onions ~ Kalamata olives ~ organic mushrooms ~ oven-roasted red bell peppers sulfate-free sundried tomatoes ~ Kalamata olives ~ local tomatoes

Cheeses - Vt. artisan goat cheese ~ Great Hill Dairy bleu cheese ~ Parmesan

Meat - Maine Family Farm pulled pork ~ roasted free-range chicken ~ North Country Smokehouse bacon

FLATBREADS with our organic wood-fired cauldron tomato sauce

Our dough is made daily from 100% organic wheat milled into white flour and the wheat germ restored
One large (16") flatbread is generally enough for two people

	Lg (16")	Sm (12")
Jay's Heart - Homemade wood-fired cauldron organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	17.00	12.25
Pepperoni & Mushroom - All-natural, uncured pepperoni, organic mushrooms, our wood-fired cauldron tomato sauce, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	20.75	14.25
Portsmouth Community Flatbread - Our wood-fired cauldron tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs	20.25	12.75
Vegan - Our organic wood-fired tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, homemade garlic our blend of organic herb		
add Vegan Cheese 3.50 / 2.50	17.75	12.00

12" gluten-free crusts available for all breads add **5.00**

Before placing your order, please inform your server if a person in your party has a food allergy

THE FLATBREADS *without tomato sauce*

	Lg (16")	Sm (12")
Cheese & Herb – whole milk mozzarella, Parmesan cheese, homemade garlic oil, our blend of organic herbs	16.25	11.00
Homemade Sausage – our own homemade nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan cheese, housemade garlic oil, our blend of organic herbs	21.75	13.75
Mopsy's Kalua Pie – Your choice – Maine Family Farms slow-roasted pulled pork or oven-roasted free-range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Vt. artisan goat cheese, mozzarella, Parmesan, garlic oil, our organic herbs	22.50	14.50
Punctuated Equilibrium – Imported Kalamata olives, fresh organic rosemary, organic red onions, local goat cheese, fire-roasted sweet red peppers, whole milk mozzarella and Parmesan, our homemade garlic oil, our own blend of organic herbs		
add maple fennel sausage	3.50 / 2.00	
	21.50	13.50
Taco – Maine Family Farms' beef, housemade taco seasoning, organic red onions, tomatoes, tortilla chips, whole milk mozzarella, Parmesan cheese, our own garlic oil, our blend of organic herbs, topped with arugula and housemade lime crema	22.50	14.50

FREE FORM FLATBREADS - take a Cheese & Herb, Jay's Heart or Plain J and add any combo of...

- ~ add your choice of sauce
- ~ add your choice of veggies, cheeses and meats

Sauces – organic wood-fired cauldron tomato sauce ~ organic mango BBQ sauce

Veggies – fire-roasted red peppers ~ organic red onions ~ Kalamata olives ~ sulfate-free organic sun-dried tomatoes ~ organic mushrooms ~ organic caramelized onions ~ local tomato

Cheeses – whole milk mozzarella ~ Parmesan ~ local goat cheese ~ Great Hill Dairy blue

Meats – all-natural, uncured pepperoni ~ our hormone-free maple fennel sausage
Maine Family Farm pulled pork ~ Maine family Farm oven roasted free-range chicken
North Country Smokehouse bacon

Sauces	add	1.75 ea / 1.00 ea
Veggies	add	1.75 ea / 1.00 ea
Cheeses	add	2.50 ea / 1.75 ea
Vegan Cheese	add	3.50 / 2.50
Clean, chemical-free meats	add	3.50 ea / 2.00 ea

Free Form breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs

12" gluten free flatbreads available ~ ...add 5.00

Join us for our Benefit Bake every Tuesday. Flatbread Company donates a portion of each flatbread sold to a local, non-profit organization. Ask your server about upcoming benefits or a Benefit Bake application for your group!

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DESSERTS served with a choice of Annabelle's all-natural vanilla, black raspberry or pumpkin ice cream

Homemade Cinnamon Apple Crisp – Lakeside Orchards apples baked with cider, maple syrup and cinnamon. Topped with a streusel crisp made with Maine Grains rolled oats. Served warm with Annabelle's all-natural ice cream	7.75
Barbara's Homemade Brownie Sundae – Warmed in our wood-fired oven and served with Annabelle's all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain brownie available gluten free & vegan)	7.75
Riverside Farm Cider Donut Sundae – warmed in our wood-fired oven, and served with Annabelle's all-natural ice cream and our homemade maple syrup-sweetened whipped cream	7.75
Peace of Mind Chocolate Chip Cookie Dough Whoopie Pie – warmed in our wood-fired oven, served With Annabelle's all-natural ice cream and our homemade maple syrup-sweetened whipped cream	8.25
Scoop of Ice Cream –Annabelle's all-natural ice cream	3.00
Maine Root Float – root beer, mandarin orange or blueberry soda with Annabelle's all-natural vanilla ice cream	6.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade On the rocks	3.25	Freshly Brewed Iced Tea	2.75
Fountain Sodas Coke, Diet Coke, Ginger Ale, Sprite	2.75	Half & Half Our lemonade & iced tea	3.75
Maine Root Sodas Root beer, Blueberry Mandarin Orange, Sarsaparilla, Ginger Brew	3.00	White Heron Organic Tea Portsmouth <u>Tea</u> Gunpowder Green, Earl Grey Classic Black,	3.50
Organic Apple Juice	3.25	<u>Herbal</u> – Spicy licorice mint, Mintology Cranberry-apple-ginger blend, chamomile-lavender	
Hatchland Farm Milk Regular or Chocolate Milk	3.00	White Heron Organic Coffee Portsmouth Regular & Decaf	3.75

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough & Pizza Kit

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