

#### **OUR SALAD**

Local, sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds,
Atlantic Sea Farms Maine sea kelp, our homemade ginger-tamari vinaigrette individual

bowl (serves 6-8 people) 37.00

8.75

No Boundaries Salad options - (individual / bowl)

1st veggie – add 2.00/4.25 Two or more veggies – add 3.00 / 6.25 Cheeses – add 2.75 / 8.75 Clean, chemical free meats – add 4.00 / 9.00

<u>Veggies</u> - organic red onions ~ Kalamata olives ~organic mushrooms ~ oven-roasted red bell peppers

sulfate-free sundried tomatoes ~ fresh pineapple ~ tomatoes ~ organic spinach

roasted Maine fingerling potatoes ~ dried cranberries

<u>Cheeses</u> - Sunset Acres goat cheese ~ Great Hill Dairy bleu cheese ~ Parmesan ~ fontina

Meat - roasted chicken ~ smoked free range Kalua pork ~ No. Country Smokehouse bacon

### OUR ENTRÉE SALADS

Chicken Bacon Ranch – North Country Smokehouse bacon, roasted Maine Family Farms free-range chicken on a bed of sweet leaf lettuces, Maine tomatoes, red onion, our housemade ranch dressing

16.75

**Aroostook Fire Roasted Potato and greens**– Warm fire-roasted Maine fingerling potatoes, shaved Parmesan, scallions, fire-roasted red onions on a bed of sweet leaf lettuces, dill crème fresh, our ginger tamari vinaignette

add North Country Smokehouse bacon.... \$4.00 add lo

add local hardboiled egg... \$2

13.75

# NO BOUNDARIES FLATBREAD - start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

<u>Sauces</u> - organic tomato sauce ~ organic mango BBQ sauce ~ rosemary cream sauce

<u>Veggies</u> - fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes organic mushrooms ~ organic caramelized onions ~ roasted Maine fingerling potatoes organic spinach ~ Kalamata olives ~ organic rosemary ~ organic herb mix ~ fresh pineapple ~ tomatoes dried cranberries

<u>Cheeses</u> - mozzarella ~ Parmesan ~ Sunset Acres goat cheese ~ Great Hill blue ~ fontina

Meats pepperoni ~ maple fennel sausage ~ Kalua pork ~ roasted chicken ~ No. Country Smokehouse bacon

Sauces & Veggies add 2 ea / 1.50 ea Cheeses add 2.75 ea / 2 ea Vegan Cheese add 3.75 / 2.25 Clean, chemical-free meats add 4 ea / 3 ea

Free Form breads begin with garlic oil and end with Parmesan and our blend of fresh organic herbs

12" gluten free Hillside Lane Farm crusts available`...add 5.50

### **OUR SIGNATURE FLATBREADS**

Our dough is made daily from 100% organic wheat that is milled into white flour.
Then we add stone ground whole grain flour from Maine Grains.
One 16" flatbread is generally enough for two people

	Lq ( <u>16"</u> )	Sm ( <u>12")</u>
Harvest – Local, oven roasted butternut squash, fresh sage, kale, ricotta, dried cranberries, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs  add maple fennel sausage  4.00 / 3.00	21.50	15.25
, e		
<b>Pemberton Potato Pie</b> –Green Thumb Maine potatoes, rosemary cream sauce, oven roasted garl spinach, Fontina, whole milk mozzarella, Parmesan, our garlic oil, our blend of organic herbs	IC,	
add North Country Smokehouse bacon 4.00 / 3.00	21.50	15.25
FLATBREADS with our organic tomato sauce		
Jay's Heart – our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	18.50	14.00
Pepperoni & Mushroom – All-natural, uncured pepperoni with organic mushrooms, our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil our blend of organic herbs	22.25	16.75
Casco Bay Community Flatbread –Organic tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	21.50	15.25
<b>Vegan</b> - Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs	22.75	16.75
THE FLATBREADS without tomato squce		
Cheese & Herb - Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs	Lg ( <u>16"</u> ) 17.75	Sm ( <u>12")</u> 13.75
Cheese & Herb - Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs  Our Maple Fennel Sausage - Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	-	
Our Maple Fennel Sausage - Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole	17.75	13.75
Our Maple Fennel Sausage - Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs  Mopsy's Kalua Pie - Your choice - smoked free-range kalua pork or oven-roasted free range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Sunset Acres	17.75 22.75 23.75	13.75 17.25

12" gluten free Hillside Lane Farm crusts available`...add 5.50

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!



## DESSERTS served with your choice of all-natural Walpole Creamery chocolate or vanilla ice cream

Cinnamon Apple Crisp – Local MacIntosh apples baked with cider, maple syrup and cinnamon, topped with a maple oat streusel crisp topping. Warmed in our wood fired oven, served with vanilla ice cream. (crisp w/o ice cream is gluten free & vegan)	8.00
<b>Barbara's Homemade Brownie Sundae</b> – Warmed in our wood-fired oven and served with all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain brownie available gluten free & vegan)	8.00
Momma Santos's Chocolate Chip Banana Bread – Warmed in our wood-fired oven and served with all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup	8.00
<b>Peace of Mind Whoopie Pie</b> - Chocolate whoopie pie warmed in our oven and served with all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain whoopie is gluten free & vegan)	8.25
Scoop of Ice Cream – all-natural ice cream	3.50
Maine Root Float – Maine Root soda (Root Beer, Orange or Blueberry) with all-natural vanilla ice cream	7.00
BEVERAGES FOR EVERYONE	

VERAGES FOR EVERYONE			
Fresh Squeezed Lemonade On the rocks or hot	3.25	Freshly Brewed Iced Tea	2.75
		Our Own Sweet Tea	3.25
Maine Root Organic Sodas Mexican Cola, Diet Cola, Root Beer, Ginger Ale,	3.50	Arnold Palmer 1/2 iced tea -1/2 lemonade	3.75
Sarsaparilla, Blueberry, Orange - Mandarin, Ginger Brew, Lemon lime		Home Grown Herb & Tea   Portland, ME <u>Organic Teas</u> - Gunpowder green, Earl Grey, English Breakfast	3.50
Organic Apple Juice	3.25	Earl Grey, English breakfast	
San Pellegrino Sparking Water ½ L	4.00	<u>Organic Herbal</u> – Simply Minty, Lemon Squeezer, Seasonal Blend	
Oakhurst of Maine Milk Regular or Chocolate Milk	3.00	Rwanda Bean Coffee l Portland, ME Regular & Decaf	3.75

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce & Dough

We add a 2% kitchen appreciation fee to the food on each check 100% of this fee will be split between our entire Heart of House team