

KEEP EACH OTHER WELL

OUR SALAD

Local, sustainably harvested sweet leaf lettuces, organic celery, organic carrots, toasted sesame seeds,
Atlantic Sea Farms Maine Kelp, our homemade ginger-tamari vinaigrette individual

bowl (serves 6-8 people) 40.00

9.50

No Boundaries Salad options - (individual / bowl)

1st veggie – add 3.00 / 5.25 Two or more veggies – add 4.00 / 7.25 Specialty Cheeses – add 4.75 / 10.75 Humanely raised meats – add 5.00 / 10.00

<u>Veggies</u> - organic red onions ~ Kalamata olives ~organic mushrooms ~ oven-roasted red bell peppers sulfate-free sundried tomatoes ~ fresh pineapple ~ Roma tomatoes ~ roasted corn ~ fresh cilantro

<u>Specialty Cheeses</u> – Pineland Farm Feta ~ Valley View goat cheese ~ Great Hill Dairy blue cheese ~ Parmesan fresh mozzarella ~ cotija

<u>Humanely raised meats</u> - free-range chicken ~ smoked free range Kalua pork ~ No. Country Smokehouse bacon beef birria

OUR SIGNATURE FLATBREADS

Our dough is made daily from 100% organic wheat that is milled into white flour.

Then we add stone ground whole grain flour from Maine Grains.

One 16" flatbread is generally enough for two people

	Lg (<u>16"</u>)	Sm (<u>12")</u>
Pesto Margherita – Homemade basil & spinach pesto, fresh mozzarella, organic Roma tomatoes, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	23.00	17.50
Street Taco – Earthen oven braised beef birria, whole milk mozzarella, roasted corn,		
organic Roma tomatoes, organic red onions, Cotija, fresh cilantro, chipotle aioli	29.00	20.50

FLATBREADS with our organic tomato sauce

Jay's Heart – Our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our own blend of organic herbs	19.00	14.75
Pepperoni & Mushroom – All-natural, uncured pepperoni with organic mushrooms, our organic tomato sauce, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	24.00	18.25
Amesbury Community Flatbread –Organic tomato sauce, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan cheese, garlic oil, our blend of organic herbs	22.00	16.25
Vegan - Organic tomato sauce, organic caramelized onions, organic mushrooms, Kalamata olives, vegan cheese, homemade garlic oil, our own blend of organic herbs	23.50	17.00

12" gluten free Hillside Lane Farm crusts available...add 5.50



THE FLATBREADS without tomato squce

Cheese & Herb - Whole milk mozzarella, Parmesan, garlic oil, our own blend of organic herbs	Lg (<u>16″</u>) 17.75	Sm (<u>12")</u> 13.75
Our Maple Fennel Sausage - Our own nitrate-free maple-fennel sausage, organic sulfate-free sundried tomatoes, organic caramelized onions, organic mushrooms, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs	26.50	18.25
Mopsy's Kalua Pie – Your choice – smoked free-range kalua pork or oven-roasted free range chicken, homemade organic mango BBQ sauce, organic red onions, fresh pineapple, Valley View Farm's goat cheese, whole milk mozzarella, Parmesan, garlic oil, our organic herbs	26.50	18.25
Coevolution - Imported Kalamata olives, fresh organic rosemary, organic red onions, Valley View Farm's goat cheese, fire-roasted sweet red peppers, whole milk mozzarella, Parmesan, homemade garlic oil, our own blend of organic herbs add maple fennel sausage 5.00 / 4.00	24.00	17.25
Chicken Bacon Ranch – Maine Family Farm oven roasted free-range chicken, North Country Smokehouse bacon, tomatoes, organic red onions, whole milk mozzarella, Parmesan, homemade garlic oil, our blend of organic herbs, our housemade ranch dressing	27.50	19.50

12" gluten free Hillside Lane Farm crusts available`...add 5.50

NO BOUNDARIES BREADS – start with a Cheese & Herb, Jay's Heart or plain dough

~ add your choice of sauce, veggies, cheeses and meats

Sauces - organic tomato sauce ~ organic mango BBQ sauce ~ basil spinach pesto

<u>Veggies</u> – fire-roasted red peppers ~ organic red onions ~ sulfate-free organic sun-dried tomatoes organic mushrooms ~ organic caramelized onions ~ Kalamata olives ~ organic rosemary ~ organic herbs fresh pineapple ~ organic Roma tomatoes ~ roasted corn ~ fresh cilantro

<u>Cheeses</u> – whole milk mozzarella ~ Parmesan

<u>Specialty Cheeses</u> – Valley View Farm goat cheese \sim Great Hill Dairy blue cheese \sim Pineland Farm feta \sim vegan cheese fresh mozzarella \sim cotija

<u>Meats</u> – pepperoni \sim maple fennel sausage \sim Kalua pork \sim roasted chicken \sim No. Country Smokehouse bacon beef birria

 Squces & Veggies
 add
 2.50 ea / 2.00 ea

 Cheeses
 add
 3.75 ea / 3.00 ea

 Specialty Cheeses
 add
 4.75 / 3.25

 Humanely raised meats
 add
 5.00 ea / 4.00 ea

No Boundaries breads begin with garlic oil and end with our blend of fresh organic herbs
12" gluten free Hillside Lane Farm crusts available...add 5.50

Join us for our "Community Bakes: Pizza with Purpose" every Tuesday when we donate a portion of each flatbread sold to a local, non-profit organization. Ask about upcoming Community Bakes or for an application for your group!



DESSERTS served with your choice of all-natural Walpole Creamery ice cream

Strawberry Rhubarb Crisp -Strawberry & rhubarb fruit with a hint of elderflower syrup and our maple oat streusel crisp topping. Warmed in our wood fired oven and served with all-natural vanilla ice cream (crisp without ice cream is gluten free & vegan)	9.50
Barbara's Homemade Brownie Sundae – Warmed in our wood-fired oven and served with all-natural ice cream, warm homemade chocolate sauce and our whipped cream sweetened with maple syrup. (plain brownie available gluten free & vegan)	9.50
Sarah's Chocolate Chip Banana Bread – Warmed in our wood-fired oven and served with your choice of all-natural ice cream, warm homemade chocolate sauce and our own whipped cream sweetened with maple syrup	9.50
Scoop of Ice Cream – Walpole Creamery all-natural Tahitian vanilla or Dutch chocolate	4.50
Powwow Maine Root Float - Root beer, mandarin-orange or blueberry soda with all-natural vanilla ice cream	8.00

BEVERAGES FOR EVERYONE

Fresh Squeezed Lemonade On the rocks or hot	3.25	Organic Apple Juice	3.25
Fountain Sodas	3.00	Saratoga Sparking Water ½ L	4.00
Coke, Diet Coke, Ginger Ale, Sprite		Freshly Brewed Iced Tea	2.75
Maine Root Sodas Root beer, Blueberry	3.50	Arnold Palmer	3.75
Mandarin-Orange, Sarsaparilla, Ginger Brew		White Heron Organic Tea Portsmouth Green, Earl Grey, Black, Chamomile	3.50
Hatchland Farm Milk Regular or Chocolate Milk	3.00	Kaha Coffee Roasters Amesbury Regular & Decaf	3.75

Flatbread Company @Home is now available to take with you ~ Our Vinaigrette, Sauce, Dough, Bloody Mary Mix

We add a 2% kitchen appreciation fee to the food on each check 100% of this fee will be split between our entire Heart of House team